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TA course

Initially, when completing the self-awareness assessments, I was very sure of myself, who I am, and what I stand for. After completing the assessments, I learned something I already knew about myself and new self-conceptions that I did not know about myself. The first assessment stated that I prefer feeling over thinking which I found to be new because I typically am an overthinker. I usually suppress my feelings to be strong for everyone around me. However, I learned this assessment may know me better than I know myself because when I am alone, I go through countless emotions that I suppressed prior to being a strong person for everyone else.

Likewise, 2/3 of the assessments stated that I have a moderate preference for intuition over sensing with 31% on one assessment and 58% on the second assessment. I agree that I am intuitive because even before taking these tests, I felt I had an innate ability to notice small details that others may ignore. My hyper to observe allowed me to make sound decisions when needed. Another common denominator I discovered when completing these assessments is that I have a moderate preference for judging over perceiving. I believe that to be true but not something I am proud of. Being a good judge of character allows me to avoid people and things that do not have my best interest at heart but miss out on new opportunities, by only sticking to the plan and not going with the flow. Sometimes I feel that playing it safe can save you, but it also can prevent you from changing and growing into the person God wants you to be. Every day I work on letting go of how I believe my life should go and working towards the plan he has for my life and not my own.

In comparison, the personality test stated that 51% of my personality type is turbulent. I agree with this detection because I have always viewed myself as success-driven, perfectionistic, and eager to improve. I do counterbalance my self-doubts by achieving more. I am always pushing myself to become better and putting those same efforts into business and projects in the same direction. For example, I have currently my master’s degree, working on my post-professional doctorate, working a full-time job, and two-part time jobs, and small business owner. While everyone in my family and friends is constantly expressing how proud they are of me I am still thinking of ways to achieve more.

Furthermore, something new that I found when taking the personality test is I am a protagonist that is genuine, who cares for people and talks the talk, and walks the walk. I realized that motivating other people to do what’s right is a skill that I take pride in. I try to be a role model to my siblings and people from the same neighborhood that can look to me for inspiration to chase their dreams and become whoever or whatever in this world they want to be. One assessment identified me as a Maker and creation is my calling. It stated that I am the most alive and engaged when making things which is true. It reports starting an idea, then turning it into a thing that reflects the taste and sense of possibility I have in my head, my vision of what could be, is what I’m here to do. I found the identification that my creations may have a tremendous impact on others. This is what my overall intention is to do in life. I want to reach goals and help them reach or surpass the goals that they have. All in all, I learned new things and some things I already knew about myself and my personality. These assessments really help bring my self-awareness into perspective and taught me that I have come a long way but still have a long way to go and grow.